

HOW DOES YOUR EDIBLE GARDEN GROW?

growarow.org

WITH THE PLANTING OF YOUR MANY GARDEN EDIBLES, YOU'LL BE ENJOYING THE REWARDS OF THE HARVEST THROUGHOUT THE GROWING SEASON. TO FULLY ENJOY THE BOUNTY...

COOK! SOUPS, SALADS AND THE MANY OTHER DELICIOUS WAYS TO INCLUDE FRESH, STRAIGHT-FROM-THE-GARDEN GOODNESS IN YOUR MEALS.

SHARE AND DONATE! WITH YOUR FRIENDS AND NEIGHBOURS WHILE ALSO BRINGING SOME OF THE HARVEST TO YOUR LOCAL FOOD BANK FOR THOSE IN NEED.

PRESERVE! STRETCH THE JOYS OF YOUR HARVESTS THROUGHOUT THE YEAR THROUGH PRESERVING METHODS LIKE CANNING, FREEZING AND DEHYDRATING. VISIT WWW.RELISHYOMAMA.ORG FOR TIPS AND RECIPES.

PLANT • GROW • SHARE With Those in Need

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