HOW TO GROW CHICKPEAS !

Timing

Chickpeas require 90-100 days to mature. Start them indoors approximately 4 weeks before the last average frost date. Optimal soil temperature: 10°C (50°F). Seeds sprout in 14-21 days depending on conditions.

Starting

Avoid disturbing the roots. Sow seeds 1cm (1/2") deep, one seed per cell or in peat/coir/paper pots that can be transplanted into the ground. Do not soak the seeds prior to planting.

Growing

Ideal pH: 6.0-8.0. Transplant when the seedlings are at least 10cm (4") tall, taking care to leave the roots undisturbed. Grow in full sun in rich soil with good moisture retention. Space plants 15cm (6") apart - they will eventually support one another. The plants have shallow root systems that are easily damaged by cultivation, so take care to hand weed around plants as they establish. Avoid overhead watering.

Harvest

Use fresh pods when they are still green. For dry seeds, wait until the plants turn brown and then allow them to dry completely on a flat surface. Harvest the seeds as the pods split when completely dry.

Seed Info

In optimum conditions at least 65% of seeds will germinate. Usual seed life: 3 years.
Per 100' row: 200 seeds, per acre: 100M seeds.

Companion Planting

Chickpeas fix nitrogen in the soil. Plant with beets, Brassicas, carrots, celery, chard, corn, cucumber, eggplant, peas, potatoes, radish, and strawberries. Avoid planting near chives, garlic, leeks, and onions.

McKENZIE

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Source:
www.westcoastseeds.com

Links:
https://www.harrowsmithmag.com/339/power-pulses-includes-recipe

Seeds:
https://www.saltspringseeds.com/collections/garbanzo-seeds-chick-pea-seeds-cicer-arietinum

https://www.westcoastseeds.com/collections/chickpea-seeds

As part of your garden this year, plant and grow an extra row of your favourite veggies and donate the harvest to your local food bank. Help us help all those in need.