

HOW DOES YOUR EDIBLE GARDEN GROW?

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ADD THREE SISTERS TO YOUR FAMILY AND CELEBRATE OUR NORTH AMERICAN HERITAGE.

EARLY AGRICULTURE IN NORTH AMERICA TOOK ADVANTAGE OF THE GROWING SYNERGY AMONGST PLANTS. YOU CAN DO THIS TOO BY PLANTING A THREE SISTERS GARDEN -- A MEDLEY OF CORN, BEANS AND SQUASH.

CORN GROWS TALL IN THE CENTRE.

BEANS CLIMB THE CORN STALK WHILE DRAWING ENERGY FROM THE SUN AND CONVERTING IT TO NITROGEN FOR THE SOIL AND PLANT ROOTS.

SQUASH PROVIDES SHADE FOR THE PLANTS' ROOTS WHILE ALSO KEEPING THE SOIL COOL AND MOIST.

PLANT • GROW • SHARE With Those in Need

